

## 2022 Student Formulary – Preventive Care Medications with \$0 Copay Updates Effective 7/1/2022

### U.S. Preventive Services Task Force A & B Recommendations

The Patient Protection and Affordable Care Act (PPACA) requires that certain health plans cover essential health benefits (EHB) without charging a copayment, coinsurance, or deductible. EHBs include a variety of preventative services and medications and are outlined by US Preventive Services Task Force (USPSTF) recommendations with an A or B rating. Based on the recommendations of USPSTF and the Centers for Disease Control and Prevention (CDC), Wellfleet Rx has identified preventative medications to be covered under the pharmacy benefit and updates this list of medications and coverage criteria as needed.

USPSTF and CDC recommendation updates can occur at any time, and health plans have specified timelines to implement these recommendations in compliance with federal law. Plans that meet the definition of a “grandfathered” plan are not subject to EHB requirements. State specific requirements may vary. Wellfleet Rx will monitor for ACA-related guidance and updates to ensure compliance with all regulations.

#### Standard EHB Zero Copay Table

All medications, including specified OTC items (e.g., aspirin, contraceptives, folic acid), included on the Wellfleet Rx EHB Zero Copay table are covered at zero copay if the member has a valid prescription; however, some medications are only covered at a zero copay for the population specified (e.g., specified age range). The table below contains the specific drug list contained in the EHB Zero Copay Table.

#### Changes Effective 7/1/2022

##### HIV Pre-Exposure Prophylaxis (PrEP)

- Apretude (cabotegravir) - added
- Viread (TDF) - removed
- Emtriva (FTC) – removed

##### Vaccines

- Anthrax (Biothrax) - removed
- Cholera (Vaxchora) - removed
- Japanese Encephalitis (Ixiaro) - removed
- Rabies (Rabavert, Imovax) - removed
- Tuberculosis (BCG Tice strain) - removed
- Typhoid (Typhim VI, Vivotif) - removed
- Yellow Fever (YF-VAX, Stamaril) – removed
- Hepatitis A (Vaqta, Havrix) – removed age limit
- Hepatitis B (Engerix-B, Recombivax HB, Heplisav-B) – removed age limit
- Measles, mumps, rubella (M-M-R II) – removed age limit

- Pneumococcal (Pevnar 13) - removed age limit
- Pneumococcal (Pevnar 20, Vaxneuvance) - updated age limit to ≥ 19 years, if immunocompromised
- Tdap Tetanus, diphtheria, pertussis [Tdap (Adacel, Boostrix)] - removed age limit
- Tetanus, diphtheria [Td (Tenivac, Tdvax)] – removed age limit
- Varicella (Varivax) – removed age limit
- Zoster (Shingrix) – updated age limit to ≥ 19 years, if immunocompromised

**Bowel Prep**

- Age restriction updated to 45-75 from 50-75 per USPSTF updated recommendations

| Drug or Vaccine                       | Edit   | Comments  |
|---------------------------------------|--|---|
| EHB Aspirin Drug List                 |  |   |
| Aspirin                               | N/A  | Generics only   |
| EHB Fluoride Drug List                |  |   |
| Fluoride                              | <ul style="list-style-type: none"> <li>• Age 6 months to 6 years</li> </ul>  | Generics only   |
| EHB Folic Acid Drug List              |  |   |
| Folic acid<br>0.4 mg, 0.8 mg, 1mg     | N/A  | Generics only   |
| EHB Contraceptives Drug List          |  |   |
| Oral and ring hormonal contraceptives | <ul style="list-style-type: none"> <li>• Step therapy (if applicable)</li> </ul>   | Generics and single-source brands (SSB)   |
| Transdermal contraceptives            | N/A  | Generics only (Xulane by Mylan)   |
| Other contraceptive forms             | <ul style="list-style-type: none"> <li>• Nexplanon: Limited to 1 per year</li> <li>• Depo-Provera: Limited to 1 per 90 days</li> </ul> | Covered products include the following: <ul style="list-style-type: none"> <li>• Depo-Provera</li> <li>• Liletta</li> <li>• Mirena</li> <li>• Nexplanon</li> <li>• ParaGard</li> <li>• Skyla</li> <li>• Phexxi</li> </ul> |

| EHB Barrier Contraceptives Drug List  |   |   |
|---|---|---|
| Barrier contraceptives  | <ul style="list-style-type: none"> <li>Female condoms: 30 per 30 days</li> </ul>  | <ul style="list-style-type: none"> <li>Cervical cap</li> <li>Diaphragms</li> <li>Nonoxynol 9</li> <li>Female condoms</li> </ul> |
| EHB Breast Cancer Prevention Drug List  |   |   |
| <ul style="list-style-type: none"> <li>Raloxifene</li> <li>Tamoxifen</li> <li>Soltamox</li> <li>Anastrozole</li> <li>Exemestane</li> </ul>  | <ul style="list-style-type: none"> <li>Anastrozole: Age ≥ 35 years; limited to 1 per day</li> <li>Exemestane: Age ≥ 35 years; limited to 1 per day</li> <li>Raloxifene: Limited to 1 per day</li> </ul> | Brands and generics   |
| EHB Bowel Preparation Drug List   |   |   |
| FDA-approved bowel preparations, <i>including but not limited to the following:</i> <ul style="list-style-type: none"> <li>Bisacodyl</li> <li>Clenpiq</li> <li>PEG 3350 plus electrolytes (e.g., Colyte, Golytely, MoviPrep, Nulytely)</li> <li>Magnesium citrate</li> <li>Magnesium hydroxide</li> <li>OsmoPrep</li> <li>Plenvu</li> <li>Prepopik</li> <li>Sodium phosphate</li> <li>Suclear</li> <li>Suprep</li> <li>Sutab</li> </ul> | Age 45-75 years<br>Quantity limit of 2 per year   | Brands and generics   |

| EHB HIV Pre-Exposure Prophylaxis (PrEP) Drug List   |   |                     |
|---|---|---------------------|
| <ul style="list-style-type: none"> <li>• Truvada (emtricitabine, FTC/tenofovir disoproxil fumarate, TDF)</li> <li>• Apretude (cabotegravir) extended-release injectable suspension</li> </ul>   | <ul style="list-style-type: none"> <li>• Generic Truvada: Quantity limit of 1 tablet per day</li> <li>• Apretude: Quantity limit of 1 injection every 8 weeks</li> <li>• No concurrent use of HIV medications for the treatment of HIV</li> </ul>   |                     |
| EHB Statin Drug List  |   |                     |
| Low-moderate intensity statins <ul style="list-style-type: none"> <li>• Atoprev (lovastatin ER) 20-60 mg</li> <li>• Crestor (rosuvastatin) 5-10 mg</li> <li>• Ezallor Sprinkle (rosuvastatin) 5-10mg</li> <li>• Flolipid (simvastatin suspension) 20mg/5mL, 40mg/5mL</li> <li>• Lescol (fluvastatin) 20-40 mg, 40 mg twice daily</li> <li>• Lescol XL (fluvastatin) 80 mg</li> <li>• Lipitor (atorvastatin) 10-20 mg</li> <li>• Livalo (pitavastatin calcium) 1-4 mg</li> <li>• Mevacor (lovastatin) 20-40 mg</li> <li>• Pravachol (pravastatin) 10-80 mg</li> <li>• Zocor (simvastatin) 10-40 mg</li> <li>• Zypitamag (pitavastatin magnesium) 1-4 mg</li> </ul> | <ul style="list-style-type: none"> <li>• Age 40-75 years</li> <li>• No concurrent use of secondary prevention medications*</li> <li>• Quantity limited to statin dosages at low- to moderate-intensity</li> <li>• Prior Authorization (Ezallor Sprinkle and Flolipid)</li> <li>• Step Therapy (Atoprev, Ezallor Sprinkle, Lescol, Lescol XL, and Zypitamag)</li> </ul> <p><i>*Secondary prevention medications include:</i></p> <ul style="list-style-type: none"> <li>• aspirin/dipyridamole (Aggrenox)</li> <li>• clopidogrel (Plavix)</li> <li>• dipyridamole</li> <li>• nitroglycerin – oral, sublingual, transdermal, translingual</li> <li>• prasugrel (Effient)</li> <li>• Praluent</li> <li>• Repatha</li> <li>• ticagrelor (Brilinta)</li> <li>• ticlopidine</li> <li>• vorapaxar (Zontivity)</li> </ul> | Generics and Livalo |
| EHB Smoking Cessation Table   |   |                     |
| bupropion (Zyban)   | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> </ul>  | Generic only        |
| Chantix (varenicline)   | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> </ul>  | Brand and generic   |

|   |  |  |
|---|--|--|
| nicotine inhaler  | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> <li>• Step Therapy: trial of nicotine transdermal patch required</li> </ul> | OTC  |
| nicotine spray  | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> <li>• Step Therapy: trial of nicotine transdermal patch required</li> </ul> | OTC  |
| nicotine gum or lozenge   | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> </ul>   | OTC  |
| nicotine transdermal patches  | <ul style="list-style-type: none"> <li>• Age ≥ 18 years</li> <li>• Quantity limit</li> </ul>   | OTC  |
| EHB Vaccines – Influenza Table  |  |  |
| Influenza vaccines  | <ul style="list-style-type: none"> <li>• 1 dose per 180 days</li> </ul>  | Flublok, Fluzone High Dose, Fluzone Intradermal, and Fluad will continue to have adult age edits |
| EHB Vaccines – Other Table  |  |  |
| COVID-19<br>(J&J/Janssen [Ad26])<br>(Moderna [mRNA])<br>(Pfizer [mRNA])   | N/A  | N/A  |
| Diphtheria, tetanus, pertussis<br>[DTaP] (Infanrix, Daptacel)   | N/A  | N/A  |
| Diphtheria, tetanus, pertussis<br>[DTaP]/Polio (Quadracel,<br>Kinrix)   | N/A  | N/A  |
| Diphtheria, tetanus, pertussis<br>[DTaP]/Hepatitis B/Polio<br>(Pediarix)  | N/A  | N/A  |
| Diphtheria, tetanus, pertussis<br>[DTaP]/ Polio/ <i>Haemophilus influenzae</i> type B/ Hepatitis B<br>(Vaxelis) | N/A  | N/A  |
| Diphtheria, tetanus, pertussis<br>[DTaP]/Polio/ <i>Haemophilus influenzae</i> type B (Pentacel)                 | N/A  | N/A  |



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| Human papillomavirus (Gardasil, Gardasil 9)                                  | <ul style="list-style-type: none"> <li>• Age 9-45 years</li> <li>• 3 doses per 365 days</li> </ul>   | N/A |
| Hepatitis A (Vaqta, Havrix)  | <ul style="list-style-type: none"> <li>• 2 doses per 365 days</li> </ul>   | N/A |
| Hepatitis B (Engerix-B, Recombivax HB, Heplisav-B)                           | <ul style="list-style-type: none"> <li>• 3 doses per 365 days (Engerix-B Adult; Recombivax HB)</li> <li>• 2 doses per 365 days (Heplisav-B)</li> </ul>   | N/A |
| Hepatitis B/Hepatitis A combo (TwinRix)                                      | <ul style="list-style-type: none"> <li>• Age ≥18 years</li> <li>• 4 doses per 365 days</li> </ul>  | N/A |
| <i>Haemophilus influenzae</i> type B (ActHIB, Hiberix, PedvaxHIB)            | N/A  | N/A |
| Measles, mumps, rubella (M-M-R II)   | <ul style="list-style-type: none"> <li>• 2 doses per 365 days</li> </ul>   | N/A |
| Measles, mumps, rubella, varicella [MMRV](ProQuad)                           | N/A  | N/A |
| Meningococcal serogroup B [MenB (Bexsero, Trumenba)]                         | <ul style="list-style-type: none"> <li>• Age 10-25 years</li> <li>• 2 doses per 365 days (Bexsero)</li> <li>• 3 doses per 365 days (Trumenba)</li> </ul> | N/A |
| Meningococcal quadrivalent conjugate [MenACWY (Menactra, Menveo, MenQuadfi)] | <ul style="list-style-type: none"> <li>• Age 11-23 years</li> <li>• 1 dose per 365 days</li> </ul>   | N/A |
| Pneumococcal polysaccharide (Pneumovax 23)                                   | <ul style="list-style-type: none"> <li>• 1 dose per 365 days</li> <li>• Age ≥ 19 years, if immunocompromised</li> </ul>                                  | N/A |
| Pneumococcal conjugate (Prennar 13, Prennar 20, Vaxneuvance)                 | <ul style="list-style-type: none"> <li>• Pevnar 20, Vaxneuvance:</li> <li>• Age ≥ 65 years</li> <li>• Age ≥ 19 years, if immunocompromised</li> </ul>    | N/A |
| Poliovirus (Ipol)  | N/A  | N/A |
| Rotavirus (Rotarix, Rotateq)   | N/A  | N/A |
| Tetanus, diphtheria, pertussis [Tdap (Adacel, Boostrix)]                     | <ul style="list-style-type: none"> <li>• 1 dose per 365 days</li> </ul>  | N/A |
| Tetanus, diphtheria [Td (Tenivac, Tdvax)]                                    | <ul style="list-style-type: none"> <li>• 1 dose per 365 days</li> </ul>  | N/A |



|  |  |     |
|--|--|-----|
| Varicella (Varivax)                    | <ul style="list-style-type: none"><li>• 2 doses per 365 days</li></ul>   | N/A |
| Zoster vaccine, recombinant (Shingrix) | <ul style="list-style-type: none"><li>• Age ≥ 50 years</li><li>• Age ≥ 19 years, if immunocompromised</li><li>• 2 doses per 365 days</li></ul> | N/A |