

January 2024 Student Formulary – Preventive Care Medications with \$0 Copay

Updates Effective 1/1/2024

U.S. Preventative Services Task Force A & B Recommendations

The Patient Protection and Affordable Care Act (PPACA) requires that certain health plans cover essential health benefits (EHB) without charging a copayment, coinsurance, or deductible. EHBs include a variety of preventative services and medications and are outlined by US Preventive Services Task Force (USPSTF) recommendations with an A or B rating. Based on the recommendations of USPSTF and the Centers for Disease Control and Prevention (CDC), Wellfleet Rx has identified preventative medications to be covered under the pharmacy benefit and updates this list of medications and coverage criteria as needed.

USPSTF and CDC recommendation updates can occur at any time, and health plans have specified timelines to implement these recommendations in compliance with federal law. Plans that meet the definition of a "grandfathered" plan are not subject to EHB requirements. State specific requirements may vary. Wellfleet Rx will monitor for ACA-related guidance and updates to ensure compliance with all regulations.

January 2024 Updates:

• Addition of Arexvy and Abrysvo for Respiratory Syncytial Virus. Both products available at no copay for anyone over age of 60 years old. Arexvy also available at no copay for pregnant individuals between 32-36 weeks gestational age. If these coverage criteria are not met, the vaccinations are not covered.

Standard EHB Zero Copay Table

All medications, including specified OTC items (e.g., aspirin, contraceptives, folic acid), included on the Wellfleet Rx EHB Zero Copay table are covered at zero copay if the member has a valid prescription; however, some medications are only covered at a zero copay for the population specified (e.g., specified age range). The table below contains the specific drug list contained in the EHB Zero Copay Table.

Drug or Vaccine	Edit	Comments
EHB Aspirin Drug List		
Aspirin	N/A	Generics only
EHB Fluoride Drug List		
Fluoride	Age 6 months to 6 years	Generics only
EHB Folic Acid Drug List		
Folic acid 0.4 mg, 0.8 mg, 1mg	N/A	Generics only
EHB Contraceptives Drug List		

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Oral and ring hormonal contraceptives	Step therapy (if applicable)	Generics and single-source brands (SSB)
Transdermal contraceptives	N/A	Generics only (Xulane by Mylan)
Other contraceptive forms	 Nexplanon: Limited to 1 per year Depo-Provera: Limited to 1 per 90 days 	Covered products include the following: • Depo-Provera • Liletta • Mirena • Nexplanon • ParaGard • Skyla • Phexxi
EHB Barrier Contraceptives Drug List		
Barrier contraceptives	• Female condoms: 30 per 30 days	 Cervical cap Diaphragms Nonoxynol 9 Female condoms
EHB Breast Cancer Prevention Drug	List	
 Raloxifene Tamoxifen Soltamox Anastrazole Exemestane 	 Anastrazole: Age ≥ 35 years; limited to 1 per day Exemestane: Age ≥ 35 years; limited to 1 per day Raloxifene: Limited to 1 per day 	Brands and generics

EHB Bowel Preparation Drug List

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pre	A-approved bowel parations, including but not ted to the following: Bisacodyl Clenpiq PEG 3350 plus electrolytes (e.g., Colyte, Golytely, MoviPrep, Nulytely) Magnesium citrate Magnesium hydroxide OsmoPrep Plenvu Prepopik Sodium phosphate Suclear Suprep Sutab	 Age 45-75 years Quantity limit of 2 per year 	Brands and generics
EHI	3 Pre-Diabetes Drug List		
•	Metformin immediate-release tablets, extended-release tablets, and solution		Generic products; for members aged 35 years or older who have been diagnosed with pre-diabetes
EHB	HIV Pre-Exposure Prophylaxis (Pr	EP) Drug List	
•	Descovy (emtricitabine/tenofovir alafenam) Truvada (emtricitabine, FTC/ tenofovir disoproxil fumarate, TDF) Apretude (cabotegravir) extended-release injectable suspension	 Descovy: Quantity limit of 1 tablet per day Generic Truvada: Quantity limit of 1 tablet per day Apretude: Quantity limit of 1 injection every 8 weeks No concurrent use of HIV medications for the treatment of HIV 	N/A

EHB Statin Drug List

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 Low-moderate intensity statins Altoprev (lovastatin ER) 20-60 mg Crestor (rosuvastatin) 5-10 mg Ezallor Sprinkle (rosuvastatin) 5-10mg Flolipid (simvastatin suspension) 20mg/5mL, 40mg/5mL Lescol (fluvastatin) 20-40 mg, 40 mg twice daily Lescol XL (fluvastatin) 80 mg Lipitor (atorvastatin) 10-20 mg Livalo (pitavastatin calcium) 1-4 mg Mevacor (lovastatin) 20-40 mg Zocor (simvastatin) 10-40 mg Zypitamag (pitavastatin magnesium) 1-4 mg 	 Age 40-75 years No concurrent use of secondary prevention medications* Quantity limited to statin dosages at low- to moderate-intensity Prior Authorization (Ezallor Sprinkle and Flolipid) Step Therapy (Altoprev, Ezallor Sprinkle, Lescol, Lescol XL, and Zypitamag) *Secondary prevention medications include: aspirin/dipyridamole clopidogrel dipyridamole nitroglycerin – oral, sublingual, transdermal, translingual prasugrel Praluent Repatha ticagrelor (Brilinta) ticlopidine vorapaxar (Zontivity) 	Generics and Livalo
EHB Smoking Cessation Drug List		
bupropion (Zyban)	Age ≥ 18 yearsQuantity limit	Generic only
Varenicline (Chantix)	 Age ≥ 18 years Quantity limit 	Brand and generic
nicotine inhaler	 Age ≥ 18 years Quantity limit Step Therapy: trial of nicotine transdermal patch required 	OTC
nicotine spray	 Age ≥ 18 years Quantity limit Step Therapy: trial of nicotine transdermal patch required 	OTC

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nicotine gum or lozenge	 Age ≥ 18 years Quantity limit 	OTC
nicotine transdermal patches	 Age ≥ 18 years Quantity limit 	OTC
EHB Vaccines – Influenza		
Influenza vaccines	1 dose per 180 days	Flublok, Fluzone High Dose, Fluzone Intradermal, and Fluad will continue to have adult age edits
EHB Vaccines – Other		
COVID-19 Moderna [mRNA] Pfizer [mRNA] (Comirnaty) Novavax [Ad]	N/A	N/A
Diphtheria, tetanus, pertussis [DTaP] (Infanrix, Daptacel)	N/A	N/A
Diphtheria, tetanus, pertussis [DTaP]/Polio (Quadracel, Kinrix)	N/A	N/A
Diphtheria, tetanus, pertussis [DTaP]/Hepatitis B/Polio	N/A	N/A
(Pediarix)		
Diphtheria, tetanus, pertussis [DTaP]/ Polio/ Haemophilus influenzae type B/ Hepatitis B (Vaxelis)	N/A	N/A
Diphtheria, tetanus, pertussis [DTaP]/Polio/ Haemophilus influenzae type B (Pentacel)	N/A	N/A
Human papillomavirus (Gardasil, Gardasil 9)	Age 9-45 years3 doses per 365 days	N/A
Hepatitis A (Vaqta, Havrix)	• 2 doses per 365 days	N/A
Hepatitis B (Engerix-B, Recombivax HB, Heplisav-B)	 3 doses per 365 days (Engerix-B Adult; Recombivax HB) 2 doses per 365 days (Heplisav-B) 	N/A
Hepatitis B/Hepatitis A combo (TwinRix)	 Age ≥18 years 4 doses per 365 days 	N/A

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Haemophilus influenzae type B (ActHIB, Hiberix, PedvaxHIB)	N/A	N/A
Japanese Encephalitis (Ixiaro)	N/A	N/A
Measles, mumps, rubella (M-M-R II, Priorix)	2 doses per 365 days	N/A
Measles, mumps, rubella, varicella [MMRV](ProQuad)	N/A	N/A
Meningococcal serogroup B [MenB (Bexsero, Trumenba)]	 Age 10-25 years 2 doses per 365 days (Bexsero) 3 doses per 365 days (Trumenba) 	N/A
Meningococcal quadrivalent conjugate [MenACWY (Menactra, Menveo, MenQuadfi)]	 Age 11-23 years, <u>unless required</u> <u>upon freshman admission</u> 1 dose per 365 days 	N/A
Pneumococcal polysaccharide (Pneumovax 23)	 1 dose per 365 days Age ≥ 19 years, if immunocompromised 	N/A
Pneumococcal conjugate (Prevnar 13, Prevnar 20, Vaxneuvance)	 Prevnar 20, Vaxneuvance: Age ≥ 65 years Age ≥ 19 years, if immunocompromised 	N/A
Poliovirus (Ipol)	N/A	N/A
Respiratory syncytial virus (Arexvy, Abrysvo) – new as of 1/1/24	 Arexvy: Age ≥ 60 years Abrysvo: Age ≥ 60 years OR in pregnant individuals between 32-36 weeks gestational age 	N/A
Rotavirus (Rotarix, Rotateq)	N/A	N/A
Tetanus, diphtheria, pertussis [Tdap (Adacel, Boostrix)]	1 dose per 365 days	N/A
Tetanus, diphtheria [Td (Tenivac, Tdvax)]	1 dose per 365 days	N/A
Varicella (Varivax)	2 doses per 365 days	N/A
Zoster vaccine, recombinant (Shingrix)	 Age ≥ 50 years Age ≥ 19 years, if immunocompromised 2 doses per 365 days 	N/A

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